

Managing the Effects of Cancer

Health Management

Coping with the Effects of Cancer

Home Companions Senior Care provides an in-home care solution through our team of Care Managers, Certified Nursing Assistants and Home Health Aides by simplifying tasks and assisting with daily living activities such as bathing, dressing, assistance with medications and our most valued and trusted service of providing companionship to combat one of the most preventable debilitating effects ...depression.

Home Companions Senior Care can provide one-on-one assistance with the following activities to support declining functional limitations while accommodating abilities:

Cancer

- Post chemotherapy, radiation therapy support and assistance such as preparing needed items for appointment, driving to and from appointment, assisting with mobility aids i.e. wheelchair.
- Assist and manage activities of daily living and instrumental activities of daily living at onset of fatigue.
- Meal preparation and encouragement of fluids and nutrition to boost energy levels.
- Social support and activities to divert negative feelings.
- Assistance with prescribed exercise to reduce depression and anxiety.
- Remind or assist with self-administered medication as authorized by an unlicensed trained person.

You are not alone. You can have hope, find inspiration and support, and cope with the side effects of your cancer treatment in a healthy way.

Encouragement through Abilities:

- Modifying exercises
- Eating healthy meals
- Utilizing adaptive aids
- Communicate Learn more... www.cancer.org

To find out more about in-home care solutions call our office today to speak with our friendly home care staff.