

# Managing Alzheimer's Disease



## Managing the Effects of Alzheimer's and Related Dementia

Home Companions Senior Care provides an in-home care solution through our team of Care Managers, Certified Nursing Assistants and Home Health Aides by simplifying tasks and assisting with daily living activities such as bathing, dressing, assistance with medications and our most valued and trusted service of providing companionship to combat one of the most preventable debilitating effects of dementia...depression.

Home Companions Senior Care can provide one-on-one assistance with the following activities to support declining functional limitations while accommodating abilities:

### Alzheimer's and Related Dementia's

- Patient supervision to prevent wandering
- Toileting reminders to eliminate potential accidents
- Meal preparation to maintain nutrition and prevents accidents
- Social stimulation to combats loneliness and depression
- Remind or assist with self-administered medication as authorized by an unlicensed trained person.

Being involved and feeling needed is an essential part of maintaining self-esteem.

<http://psychology.about.com/od/theoriesofpersonality/a/hierarchyneeds.htm?p=1>

### Encouragement through Abilities:

- Folding laundry
- Raking leaves
- Setting the table
- Taking out the garbage Learn more... [www.alzfdn.org](http://www.alzfdn.org) and [www.alz.org](http://www.alz.org)

To find out more about in-home care solutions call our office today to speak with our friendly home care staff.

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LICENSED HOME HEALTH SERVICES